



**Dosis diaria recomendada:** 3 cápsulas. **Modo de empleo:** tomar 1 cápsula 3 veces al día, aproximadamente 20 minutos antes de la o comida, bebiendo una gran cantidad de agua (mínimo 1 vaso de agua).

**Recommended use:** take 1 capsule 3 times a day, approx. 20 minutes before a meal, drinking with a large amount of water (min. 1 glass of water). The product is recommended for adults as a food supplement. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. A varied and healthy lifestyle are recommended. Keep out of reach of children.

|                          |                          |
|--------------------------|--------------------------|
| Chitosan +chromium       | Chromium/Cromo           |
| 1200 mg                  | 100 µg (250%*)           |
| 3 cápsulas/              | 3 cápsulas/              |
| Información nutricional/ | Information nutritional/ |

**EN Ingredients:** chitosan (powdered crustacean shells), bulking agent - microcrystalline cellulose; anti-caking agents - magnesium salts of fatty acids, silicon dioxide; chromium picolinate, capsule - gelatine. **Warning: read the package leaflet before use.**

**ES Ingredientes:** chitosan (obtenido de caparazones de crustáceos), agente de carga (celulosa microcristalina), antiaglomerantes (sales magnésicas de ácidos grasos y dióxido de silicio), picolinato de cromo, cápsula: gelatina. **Leer el prospecto antes de consumirlo.**

**Distribuido en España por:** Olimp Laboratories Spain S.L.C/ Velázquez, Nº 94 Planta 1, 28006 Madrid, España.

**Chitosan +chromium**  
 Food supplement/  
 Complemento  
 alimenticio

Producer/ Fabricante:  
 Olimp Laboratories Sp. z o.o.  
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Best before/ Lot No./ Consumir preferentemente antes del/ Lot: 519013301031771



30 capsules/ cápsulas  
 Food supplement/ Complemento alimenticio

# Chitosan

+chromium

NEW FORMULA



**Chitosan + chromium** Food supplement/ Complemento alimenticio 30 capsules/ 30 cápsulas

**EN Warning:** it is recommended to supply additionally lipophilic vitamins A, D, E along with Chitosan as the preparation can reduce the absorption of fats from aliment. The vitamins should be taken 2 hours before or after taking Chitosan. **Best before:** see left side of the packaging. Unopened, keep in a dry place, below 25°C. **ES Consumir preferentemente antes del:** ver lado izquierdo del envase. Conservar en un lugar seco y fresco a una temperatura no superior a 25°C.

**17,1 g**  
 1 capsule/ 1 cápsula  
**570 mg**

