



Consumption of creatine increases physical performance during short-term, high intensity exercise[†].

[†] THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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LOT NUMBER:/ BEST IF USED BY:

50 SERVINGS



PURE CREATINE MONOHYDRATE | 200 MESH
DIETARY SUPPLEMENT | NET WT. 8.82 OZ (250 g)



CREATINE MONOHYDRATE POWDER



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 PROFESSIONAL LINE SUPPLEMENTS

DIRECTIONS: As a dietary supplement mix 1 serving (2 and ½ scoops) with 7-8 fl oz of water and take once a day.

Supplement Facts

Serving Size 2 and ½ scoops (5 g)
 Servings Per Container 50

	Amount Per Serving	% Daily Value
Creatine Monohydrate	5 g	*

*Daily Value not established.

Other Ingredients: None.

ALLERGEN WARNING: Produced in a GMP facility, that also processes milk, soy, egg, peanuts, tree nuts, wheat, crustaceans shellfish, fish, sesame ingredients.

Manufactured by Olimp Laboratories Sp. z o.o. **PRODUCED IN POLAND**

Distributed By: Benepha Inc., 100 Duffy Avenue Suite 510, Hicksville, NY 11801, USA; info@benepha.com

For more information: 1-516-595-3017

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. This product is intended for healthy adults, 18 years of age or older as dietary supplement only. Do not exceed recommendations for suggested use. **KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place. Do not use if container is damaged.