



12,5 mg	of which: anthocyanidins
50 mg	Bilberry fruit extract (<i>Vaccinium myrtillus</i> L.)
2,5 mg	Zeaxanthin
30 mg	Lutein

Nutrition information
1 tablet

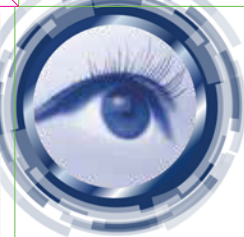
and is additionally dispersed over the whole retina and lens. The macula due to its specific structure enables so-called central vision and is responsible for adults who care about their eyesight, especially in artificial light, working at the computer, experiencing eye fatigue.

Lutein max-complex Food supplement

A composition of natural lutein, zeaxanthin and bilberry fruit extract in the form of coated tablets. * Bilberry fruit extract standardized for the content of anthocyanidins, may contribute to the maintenance of normal eye health through antioxidant effects (thanks to which it neutralizes the effects of free radicals generated in the body). The anthocyanins may also contribute to normal blood circulation. Lutein is a natural carotenoid, which occurs in the eye. It is present in the highest concentration in the macula.

Lutein max-complex Food supplement. **Ingredients:** bulking agent - microcrystalline cellulose; bilberry fruit extract (*Vaccinium myrtillus* L.), of which 25% anthocyanidins; *Tagetes erecta* flower extract (*Tagetes erecta* L.), of which 80% lutein and 8% zeaxanthin; coating (glazing agents - polyvinyl alcohol (PVA), magnesium phosphates, talc, polyethylene glycol; colour - iron oxides and hydroxides; glazing agent - polyoxyethylene sorbitan monooleate (polysorbate 80)), bulking agent - cross-linked sodium carboxy methyl cellulose; stabilizer - polyethylene glycol; anti-caking agents - magnesium salts of fatty acids, silicon dioxide. **Recommended use:** 1 tablet daily with a meal, drinking with a proper amount of water. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. A varied and balanced diet and a healthy lifestyle are recommended.

Producer: Olimp Laboratories Sp. z o.o.
Pustymia 64F, 39-200 Debica, Poland
tel. +48 14 680 32 00, www.olimp-labs.com



30 coated tablets
Food supplement

Caring about your eyes*

Lutein max-complex

30 mg of lutein in 1 tablet!

With zeaxanthin and bilberry fruit extract*



Best before (Expiry) / Lot No.:



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Best before: see left side of the packaging. Unopened, keep in a dry place, below 25°C. Keep out of reach of children.

1 tablet
360 mg
30 tablets
10,8 g