



Nutrition information	
1 tablet	Lutein
	Zeaxanthin
	2,5 mg
	50 mg
	Bilberry fruit extract (<i>Vaccinium myrtillus</i> L.)
	12,5 mg
	of which: anthocyanidins

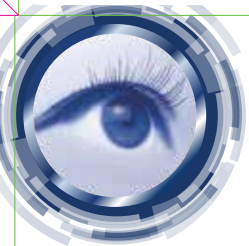
Lutein max-complex Food supplement. **Ingredients:** bulking agent - microcrystalline cellulose; bilberry fruit extract (*Vaccinium myrtillus* L.), of which 25% anthocyanidins; *Tagetes erecta* flower extract (*Tagetes erecta* L.), of which 80% lutein and 8% zeaxanthin; coating [glazing agents - polyvinyl alcohol (PVA), magnesium phosphates, talc, polyethylene glycol; colour - iron oxides and hydroxides; glazing agent - polyoxyethylene sorbitan monooleate (polysorbate 80)], bulking agent - cross-linked sodium carboxy methyl cellulose; stabilizer - polyethylene glycol; anti-caking agents - magnesium salts of fatty acids, silicon dioxide. **Recommended use:** 1 tablet daily with a meal, drinking with a proper amount of water. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. A varied and balanced diet and a healthy lifestyle are recommended.

A composition of natural lutein, zeaxanthin and bilberry fruit extract in the form of coated tablets. * **Bilberry fruit extract** standardized for the content of anthocyanidins, may contribute to the maintenance of normal eye health through antioxidant effects (thanks to which it neutralizes the effects of free radicals generated in the body). The anthocyanins may also contribute to normal blood circulation. **Lutein** is a natural carotenoid, which occurs in the eye. It is present in the highest concentration in the macula, and is additionally dispersed over the whole retina and lens. The macula due to its specific structure enables so-called central vision and is responsible for adults who care about their eyesight, especially recommended for people working in artificial light, working at the computer, experiencing eye fatigue.

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Best Before (Expiry) / Lot No.:
olimp
PREMIUM CLUB



30 coated tablets
Food supplement

Caring about your eyes*

Lutein max-complex

30 of lutein in 1 tablet!
mg

With zeaxanthin and bilberry fruit extract*



Lutein max-complex Food supplement.
Recommended use: 1 tablet daily with a meal, drinking with a proper amount of water. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. A varied and balanced diet and a healthy lifestyle are recommended.
Best before: see left side of the packaging. Unopened, keep in a dry place, below 25°C. Keep out of reach of children.

1 tablet
360 mg
30 tablets
10,8 g