



Nutrition information	
1 tablet	687 mg
2 tablets	1374 mg
Magnesium citrate	110 mg (29,3%*)
of which magnesium	220 mg (58,6%*)
Vitamin B6	2 mg (14,3%*)
Thiamin (vit. B1)	4 mg (28,6%*)
	1,1 mg (100%*)
	2,2 mg (200%*)

*NRVs - nutrient reference values.

MagMAX B6™
 Food supplement with high content of magnesium in form of citrate, which is well absorbable source of this element and vitamins B6 and B1. Magnesium contributes to normal functioning of the nervous system, muscles and contributes to a reduction of tiredness and maintenance electrolyte balance. Similarly to vitamins B6 and B1 (thiamine) contributes to normal energy-yielding metabolism.

MagMAX B6™
 Food supplement



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MagMAX B6™ Food supplement

The product facilitates coverage of daily demand of human body for magnesium, in particular for people feeling weakness, tiredness and increased irritability, twitching of eyelids, muscle cramps, living in stress, subject for increased mental and/ or physical effort.

Recommended use: 1 tablet 1-2 times a day, after a meal. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. A varied and balanced diet and a healthy lifestyle are recommended. Keep out of reach of children.

50 coated tablets
 Food supplement



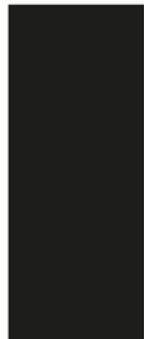
MagMAX B6™

687 mg of magnesium citrate
 + vit B6 and thiamine

tiredness • twitching of eyelids • muscle cramps

MagMAX B6™
 Food supplement

Best before (Exp.) / Lot No.:



MagMAX B6™ Food supplement

Ingredients: magnesium salts of citric acid (magnesium citrate), bulking agent - microcrystalline cellulose; coating [glazing agents - polyvinyl alcohol (PVA), polyethylene glycol, talc], potato starch, anti-caking agent - magnesium salts of fatty acids; pyridoxine hydrochloride - vit. B6, thiamin hydrochloride - vit. B1.

50 tablets
52,5 g

1 tablet
1050 mg

Best before: see left side of the packaging. Unopened, keep in a dry place, below 25°C.